

English-based Graduate Program

(Master/Doctor)

Waseda University
Graduate School of Sport Sciences



Message from the Dean

At first, it should be noted that our school was top rated in Japan, for the 'Sports-related subject 2017', by QS, one of the most famous University Evaluation Authorities in London. And so, now we decided to make more effort to raise ranking.

The faculty consists of Olympians, medical and conditioning directors of many national teams, managing board members of national federations and pro-leagues, and of course plenty of famous academic researchers well known in the world.

We however are still searching talents from all over the world, searching not only professors, but also students. So we start master's programs in English in some disciplines, and number of disciplines will increase accompanied with recruiting researchers with excellent capabilities in Japan and from abroad.

Waseda University has the largest number of international students in Japan, and it is growing, especially in graduate schools. We need more for the development.

Pace of our change or growth may be a little bit slower than Amazon or Google. We however believe that degrees our school grant, the network of graduates, network with Japanese companies and foreign universities, and research activities or experiences in laboratories will help your success in academic and business fields.

Please join us.



Why Sport Sciences?

Waseda #19 in QS* World University Rankings in Sports-related Subjects:

In the recently released 2017 QS* World University Rankings by Subject, Waseda was ranked 19th for the study of sports-related subjects. This was the highest ranking achieved by Waseda University for any subject area, showing our commitment to excellence in the field of sport sciences.

QS* Graduate Employability Rankings: Waseda #1 Private University in Japan, #26 in the World.

According to the QS* Graduate Employability Rankings 2018 published on September 12, Waseda ranked No.26 once again for graduate employability in the world, making it the top private university in Japan.

*Quacquarelli Symonds is a company headquartered in London, providing information and consulting services related to higher education.

With the completion of our graduate program, graduates will be prepared to apply their knowledge and experience to improve the health and wellness of their community, pursue their professional career and contribute to the world of sport sciences in the 2020 Tokyo Olympic-Paralympic Games and beyond.



Master's Program

Health and Exercise Science

The master's program with a specialization of health and exercise science is designed to help students develop a thorough understanding of the basic principles and ccomprehensive knowledge related to health and exercise science. The program offers courses that cover a variety of topics such as biomechanics, cognitive neuroscience, motor control, psychiatry of sports, epidemiology, preventive medicine, athletic training, exercise physiology, muscle biology and so on. The program also offers exciting research opportunities in the field and/or laboratory setting. Well-equipped research facilities, including bone densitometry system, electroencephalogram, electromyogram, flume (water treadmill), force platform system, magnetic resonance imaging system, respiratory gas analyzer, three-dimensional motion capture system, experimental animal facility, etc. are available for students' research. Graduate students will learn fundamental research skills directly from the supervisor and conduct a research project in the topic of their choice within the field of specialization. Completing their own research projects and submitting a master's thesis are required for graduation. With the completion of required coursework and research, graduates will be prepared to apply their knowledge and experience to pursue their professional career in the fields of health promotion, fitness industry, related clinical programs, high school or college coaching and teaching in secondary or tertiary school, or to pursue a doctoral degree program in the field of specialization.

Master's Thesis Advisors

| Specialization | Qualification | Name |
|--------------------------------|---------------------|--------------------|
| Muscle biology | Professor | AKIMOTO, Takayuki |
| Biomechanics | Professor | KAWAKAMI, Yasuo |
| Sports psychology | Professor | MASAKI, Hiroaki |
| Health and sports epidemiology | Professor | SAWADA, Susumu |
| Motor nerve physiology | Professor | TAKARADA, Yudai |
| Biomechanics | Professor | YANAI, Toshimasa |
| Exercise physiology | Associate Professor | MIYASHITA, Masashi |
| Sleep medicine | Associate Professor | NISHIDA, Masaki |
| | | |

Subiects

| Subjects |
|---|
| Health and Exercise Science 1·2 (Seminar 1·2) |
| Biodynamics(Musculoskeletal System) |
| Brain Function for Motivating Action |
| Cognitive Neuroscience and Psychiatry of Sport |
| Disease Prevention and Health Promotion |
| Environmental Health |
| Fundamentals of Life Science |
| Gerontology |
| Health and Sports Epidemiology |
| Human Anatomy 1·2 |
| Injury Prevention |
| Physical Activity and Health Physiology |
| Preventive Medicine and Applied Immunology |
| Quantitative Biomechanical Analysis of Human Motion |
| Research design and methods 1·2 |
| Sports Rehabilitation |
| Technical writing for Health & Exercise Science |

*Please note that these subjects are subject to change.

Voice of Current Students How do you like studying at the



I am very curious and passionate about things that I do. Those are the most important drivers of my personal growth and personal development. Finding an academic environment where I could nurture these values and be encouraged to use them as a guide for the future was my priority.

The pinnacle of my life in Japan are my Doctoral studies at this prestigious university. Since the beginning, I have felt only enthusiasm and admiration by the fact that I belong to the institution build upon the tradition and values of Japanese culture but with the futuristic mindset, wide open for the innovative thoughts and creations. My Waseda University PhD Program has given me with the opportunity to deeply connect with my mentor and get open hearted support from my colleagues that keeps feeding my enthusiasm and confidence to keep on researching and creating new sport and scientific values for the future of my sport and generations of players to come.

DIMIC, Milos
Graduated from Alfa University (Serbia)
Entered in September 2019 (Kinesiology specialization, Doctoral Program)

Sport Management

The master's program with a specialization of sport management focuses on the effective management of sport organizations such as national international sport governing bodies, professional sports leagues, teams, clubs, and so on. Students will acquire the basic principles and comprehensive knowledge on various management elements related to sport such as Sport management, Sport marketing, Sport governance and policy, Sport finance and economics, and Managing modern Olympics and Paralympics. They will also take courses including Sport in society, Global development of the sport industry, and Sociological studies of sports megaevents, to appreciate the background of sports in Japan, Asia and the World. From these academic viewpoints, our students will analyze sport phenomena and conduct their own academic as well as practical research projects and submitting a master's thesis are required for completing the master's degree program. With the completion of required coursework and research, our graduates will pursue career opportunities as managers and/or marketers in all kinds of organizations in the sport industry, including professional sport leagues and teams, sport governing bodies, sport tourism industries, fitness sport industries, sports media industries, sporting goods merchandising, and sport marketing divisions in the major companies all over the world.



| Specialization | Qualification | Name |
|------------------|---------------|--------------------|
| Sport Management | Professor | HARADA, Munehiko |
| Sport Marketing | Professor | MATSUOKA, Hirotaka |

| Subjects |
|--|
| Sport Management (Seminar 1·2) |
| Contemporary Issues in Sports |
| Fundamentals of Sport Management |
| Global Development of the Sport Industry |
| Historical Foundations of Modern Sport |
| Managing the Olympic and Paralympic Games |
| Qualitative Research in Sport Management |
| Research in Sport Management |
| Sociological Studies of Sports Mega-Events |
| Sport Communication and Promotion |
| Sport Consumer Psychology |
| Sport Facility and Event Management |
| Sport Finance and Economics |
| Sport Governance and Policy |
| Sport in Society |
| Sport Marketing |
| Sports and New Media |
| Theory and Practice of Global Sport Management |
| Writing Research Papers in the Social Sciences |

*Please note that these subjects are subject to change.

Graduate School of Sport Sciences?



I like the teaching-model of our project very much. The tutorial system ensures that every student will follow a professor, who will guide your thesis and make suggestions for your graduation thesis, which is very important for graduate students. My program also has some exchange programs. I participated in one of the exchange programs and transferred to the Germany Sport University of Cologne. During my stay in Germany, the Waseda GSSS, my professor and peers all gave me a lot of support, so I can study and live in GSU without any worries. This is an incredible experience for me!

LI, Jusha
Graduated from Beijing Sport University (China)
Entered in September 2018 (Sport Management)

Doctoral Program



Sport Culture specialization

In this specialization we examine the role of sport in society and culture, in the past, present, and future, from the perspectives of the human and social sciences. Our graduates go on to careers in research and education, as well as in sports-related and other industries.

| Specialization | Qualification | Name |
|------------------------------|---------------|-------------------|
| Sport Pedagogy, Sport Ethics | Professor | TOMOZOE, Hidenori |
| Sport and the Media | Professor | THOMPSON, Lee |
| Culture of Sport | Professor | KAWASHIMA, Kohei |
| Sport and Social Theory | Professor | HORNE, John D. |

Sport Business specialization

This area covers a wide range of sport business including both for-profit sports in private sector represented by professional sports and fitness clubs and non-profit sports in the public sector such as governments and schools. Students are also expected to play active roles in sport business as leaders like researchers as well as general managers who improve the management of sport organizations.

| Specialization | Qualification | Name |
|---|---------------|--------------------|
| Sport Business Management | Professor | HARADA, Munehiko |
| Sport Organization | Professor | SAKUNO, Seiichi |
| Business Administration of Sport Organizations | Professor | MUTO, Yasuaki |
| Sport Business Marketing | Professor | MATSUOKA, Hirotaka |

Sports Medicine specialization

Research topics in the Sports Medicine specialization include sports injury, preventive medicine, para-sports, and athletic training. Students will advance their knowledge in their selected topics and develop abilities to execute research in respective area. Upon completion of their degrees, students are expected to apply their expertise in Sports Medicine and Science as researchers, administrative officials, or in corporate capacity as an expert in health promotion.

| Qualification | Name |
|---------------------|---|
| Professor | AKAMA, Takao |
| Professor | OKA, Koichiro |
| Professor | KANEOKA, Koji |
| Professor | HIROSE, Norikazu |
| Professor | AKIMOTO, Takayuki |
| Professor | SUZUKI, Katsuhiko |
| Professor | KUMAI, Tsukasa |
| Professor | SAWADA, Susumu |
| Associate Professor | MIYASHITA, Masashi |
| Associate Professor | ISHII, Kaori |
| | Professor Professor Professor Professor Professor Professor Professor Professor |

Kinesiology specialization

In this specialization, we examine human performance from biomedical perspectives, aiming at enhancement of active life and improvement of sports performance. A variety of high-spec technologies such as artificial climate control chamber, EEG, EMG, multi-camera motion capture, MRI, TMS, etc., are available to our students, providing opportunities to take precise measurements of human body/motions and to integrate their textbook-knowledge with experimental data on human behavior/function, in order to design and conduct their own research/dissertation. With completion of the program, students will be prepared to apply their profound knowledge and research expertise to pursue their careers in research, teaching and sports-related and other professions.

| Specialization | Qualification | Name |
|---------------------------------------|---------------|------------------|
| Biodynamics | Professor | KAWAKAMI, Yasuo |
| Sport Psychology | Professor | MASAKI, Hiroaki |
| Biomechanics | Professor | YANAI, Toshimasa |
| Sport Physiology & Neuropsychology | Professor | TAKARADA, Yudai |

Coaching specialization

In this specialization, we look at "coaching" that works on the modern society from the perspectives of sports and education scientifically and technically. Through practical research and education, we aim to produce athletes armed with knowledge and educate advanced sports persons as well as coachers and researchers with the ability to coach them.

| Specialization | Qualification | Name |
|---|---------------|---------------|
| Coaching of Budo: Japanese Marshall Arts | Professor | ITEYA, Misaki |

Basic Information



Admission

For September Admission

- Application Period: April 13 (Mon) ~ May 11 (Mon) 2020
 [Application documents must ARRIVE by the deadline.]
- Screening Method
 Master's Program: Screening of the application documents submitted
 Doctoral Program: Screening of the application documents submitted
 [Application guideline will be scheduled to be posted to our website in March 2020]
- Announcement of Successful Applicants : June 12 (Fri) 2020
- **Doctoral students can enter the graduate school in September or April.

 To enroll in April, the application period is different from the above schedule.

 Please refer to our website for further information.

[URL] https://www.waseda.jp/fsps/gsps/en/

Fee

| | 1st year 1,206,000 yen |
|------------------|------------------------|
| Master's Program | 2nd year 1,204,000 yen |
| | 1st year 957,000 yen |
| Doctoral Program | 2nd year 955,000 yen |
| | 3rd year 955,000 yen |

(Students enrolling in April in academic year 2020)

Scholarship

A variety of scholarships are available for international students, such as scholarships offered by Waseda University, scholarships from the Japan Student Services Organization, and scholarships from private foundations.

[URL] https://www.waseda.jp/inst/scholarship/en/

Housing

International students can apply to live in one of over 20 student dormitories. Waseda University Property Management Corp. Student Housing Center provides information on accommodations for students of Waseda University.

Residence Life Center

[URL] https://www.waseda.jp/inst/rlc/en/

Waseda University Property Management Corp. Student Housing Center

[URL] http://waseda-housing.com/fp-9907/

Contact

Graduate School of Sport Sciences, Waseda University



2-579-15 Mikajima, Tokorozawa-shi, SAITAMA, 359-1192, JAPAN

[URL] https://www.waseda.jp/fsps/gsps/en/ [E-mail] supoken-eng@list.waseda.jp



Higashi-Fushimi Campus